

## Tips for Families of First Generation Students

1. Remind your students to make copies of all important paperwork and to make sure to write down the name, department, date and comments of the person they speak to when they contact different units on campus.
2. Remember that pursuing higher education does not mean that students will lose the values with which they were raised.
3. Be patient with yourselves and one another, especially since this is a learning experience for everyone (both you and your student) – you will all be learning about this transition process together!
4. Understand that college-level school work is often more time-consuming than high school work, therefore it may be difficult for students to undertake the same level of family responsibilities as they did in high school. **Preparing for group presentations, writing 10-20 page papers, reading around 200 pages each week, and studying for quizzes and tests requires many hours of concentrated effort and can be stressful.** Talk to your student about how you can support their academic success and still incorporate them into family life and commitments. It may take some time to figure out the right balance.
5. Continue to support your student as you did throughout their K-12 education. Your love, encouragement, and pride are the best motivators for students to succeed!